



JOSLYN SENIOR CENTER

WEEKLY SCHEDULE | WINTER/SPRING 2026

Tuesday

10:00 am-11:00 am
Tai Chi Yang 24 Form

10:00 am-12:00 pm
Joslyn Painters

11:00 am-12:30 pm
**Women's Discussion
Group**

12:00 pm-3:00 pm
Bridge for Fun

1:00 pm -3:00 pm
**Bereavement Support
Group**

Wednesday

9:00 am-10:00 am
FSA Breakfast

10:00 am-12:00 pm
Beginning Line Dance

10:30 am-12:30 pm
Knitting Group

11:00 am-3:00 pm
Party Bridge

1:00 pm-1:45 pm
Chair Yoga*

Thursday

9:00 am-11:30 am
Ukulele

10:00 am-11:00 am
**Beginning Tai Chi
January 8-March 12**

10:00 am-11:00 am
**Open Tai Chi
March 19-May 28**

11:15 am-1:30 pm
**Joslyn Joy Writers
(full)**

12:00 pm-3:00 pm
Bridge for Fun

Friday

9:00 am-10:00 am
FSA Breakfast

9:30 am-11:00 am
Creative Writing

11:00 am-12:00 pm
Art of Poetry

11:00 am-3:00 pm
Party Bridge

11:00 am-3:00 pm
Bingo*
Social Time at 11:00 am
Games Begin at 12:30 pm

***Open Billiards Daily 9:00 am-3:00 pm**

***Fees Apply**

